

2025 Term 3 (Mon 6th January - Sun 6th April)

*The schedule may be subject to change

12 weeks Term

Excluding Mon 17th - Sun 23rd February (Half Term)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9						9:00-10:20 NAPF Yellow Ball	08:30-09:10 NAPF Tots Tennis 09:10-10:20 NAPF Red / Orange Ball 09:20-10:20 NAPF A1 09:10-10:20 NAPF Red / Orange Ball
10	10:00-11:20	10:00-11:20	10:00-11:20		10:00-11:20	10:30-11:50 NAPF Yellow Ball	10:30-11:50 NAPF Red / Orange Ball 10:30-11:50 NAPF A1 10:30-11:50 NAPF Red / Orange Ball
11	ELTC Indoor A1 11:30-12:50	ELTC Indoor A2	ELTC Indoor A2 11:30-12:50		ELTC Indoor A1 11:30-12:50	10:30-11:50 NAPF A2 12:00-13:00 NAPF Green Ball	10:30-11:50 NAPF Green Ball / Yellow Ball 12:00-13:00 NAPF A2 12:00-13:00 NAPF A1
12	ELTC Indoor A2		ELTC Indoor A1		ELTC Indoor A3	13:00-14:20 NAPF Green Ball	
13						14:30-15:50 NAPF Dev Green Squad	
14						14:30-16:00 NAPF Junior Performance	
15							
16					15:50-16:30 SCTC Tots Tennis		
17	16:30-17:40 SCTC Red / Orange Ball		17:00-18:10 SCTC Dev Orange Squad	17:00-18:20 SCTC Yellow Ball	16:30-17:40 SCTC Red / Orange Ball		
18	17:40-19:00 SCTC Dev Green Squad	17:45-19:15 SCTC Junior Performance	17:00-18:20 SCTC Green Ball 19:00-20:00 SCTC Cardio		17:45-19:15 SCTC Junior Performance		
19							
20							

Lesson Contact: info@hirokraventennis.com

Adult Category	Level
Adult Beginner(A1)	Beginner
Adult Intermediate(A2)	Intermediate
Adult Advanced (A3)	Advanced
Adult Social Tennis	All levels

Class	Age Group
Tots Tennis	Age 3 to 6
Red / Orange Ball	Age 6 to 9
Development Orange Squad	by Invitation only Age 6 to 9
Green Ball	Ages 9 to 11
Development Green Squad	by Invitation only Ages 9 to 11
Yellow Ball	Age 11 +
Junior Performance	by Invitation only Age 11 +

Venues	
SCTC	St Columba's Tennis Club (W3 9AL) Outdoor hard court
ELTC	Ealing Lawn Tennis Club (W5 3RY) Indoor hard court
NAPF	North Acton Playing Fields (W3 0JF) Outdoor hard court

